LISD School Health Advisory Council Minutes March 8th, 2023

Call to Order @ 6:03pm

A. Trish Cuckler called the meeting to order at 6:03pm.

II. Approval of Minutes

A. Feb. 15th meeting minutes were approved with a motion for approval by Gayla Langley and a second by another council member.

III. Child Nutrition Menu Offering – Elaine Minden LISD/Child Nutrition

A. Explained the standards for smart snack compliance and revealed the answers for the store bought vs smart snack compliant.

IV. Old Business - None

v. New Business

- A. Child Nutrition Presentation- Fun Food Facts -Alisha McDonald of Aramark
- B. Sub-Committee Break Out Session
 - 1. Secondary Growth and Development-required
 - 2. Elementary Growth and Development-required
 - 3. District Wellness Plan NEW
 - 4. SEL Curriculum Review NEW

C. Sub-Committee Report Out

- Secondary Growth and Development-required Jennifer Beimer shared that the committee is recommending the wilcox for the community to review for alignment to the TEKS
- 2. Elementary Growth and Development-required- Jill Castro explained the recommendation that in the 4th grade both portions would be considered.
- 3. District Wellness Plan NEW- Trish Cuckler shared that they reviewed the suggestions and questions for the District Wellness Plan and will recommend a plan in the next meeting.
- 4. SEL Curriculum Review NEW Melinda Perry-Carter, MS SEL Coordinator explained that they reviewed the trustworthy unit and 2 aligned lessons and the responsibility lessons will be reviewed during the next meeting.
- VI. It was announced that the next meeting will be April 27th @ 6:00 TBD and Adjournment @ 6:42